

**TOWN OF COCHRANE**  
**Development & Community Services**

**COCHRANE FAMILY & COMMUNITY SUPPORT SERVICES ADVISORY BOARD**

**AGENDA**

**DATE:** Feb 5, 2020  
**TIME:** 6:30pm – FCSS Advisory Board Meeting  
**PLACE:** The ‘Stable’ Meeting Room, Cochrane FCSS

**Chairperson & United Way Rep:** Margaret Stevens  
**Vice Chairperson & Rural Rep:** Rick Lancaster  
**Town Council Rep:** Councilor Marni Fedeyko

**Members:** Gresal Tapulao  
Ryan Koudys-Stone  
Lorraine Palmer

**FCSS Staff:** Cindy Adekat, FCSS Coordinator  
Nicole Copses, Administrative Assistant

**Regrets:** Kim Krawec, Manager, FCSS  
Lyle Balmer  
Valerie Borsos

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1. **Call to Order – Margaret Stevens, Chair**
    - a) Welcome and Introductions
  2. **Agenda**
    - a) Agenda Additions/Deletions
    - b) Adoption of the Agenda
  3. **Adoption of Minutes from Previous Meetings**
    - a) Jan 8, 2020 – Regular Meeting
  4. **Delegations/Committee Reports**
    - a) Town Council Report – Councillor Fedeyko
    - b) Manager’s Report – Kim Krawec
      - i. Funding update
      - ii. Town of Cochrane restructuring update

**5. New Business**

- a) Review final reports from the 2019 Grants
- b) Discuss Grant schedule for 2021 Grants
- c) Discuss cheque presentation night for 2020 Grants

**6. Ongoing Business**

- a) Update on 2020 Grant Council presentation – Margaret

**7. Standing Items**

- a) Fundraising – Margaret
- b) Cochrane Cares – Cindy
- c) United Way update – Margaret
- d) Rural update – Rick/Margaret
- e) Caregiver support update – Rick

**8. Round Table Items**

- a) Board members information sharing

**9. Correspondence**

- a) N/A

**10. Next Meetings:**

- a) Mar 4, 2020 – 6pm, Homestead Building, Cheque presentation and meeting
- b) Apr 1, 2020 – 6:30pm, Homestead Building, Regular meeting

<b>Upcoming Events: (optional)</b>	<b>More info:</b>
<p><b>Managing Fighting and Aggression</b> Thu, Mar 5, 1:30-3:30pm, Free Parent Link Centre, 127 First Ave W See description details on page 15</p>	<p>Register: cochrane.ca/ProgramGuide or 403-851-2250</p>
<p><b>One to One Consultations with IntegraOrg</b> See dates and times on page 2, Free HomeStead Apartment Bldg. #1, 209 Second Ave W See description details on page 21</p>	<p>Register: cochrane.ca/ProgramGuide or 403-851-2250</p>
<p><b>Trico Charitable Foundation</b> Wed, Mar 11, 6-8pm, Free HomeStead Apartment Bldg. #1, 209 Second Ave W See description details on page 21</p>	<p>Register: cochrane.ca/ProgramGuide or 403-851-2250</p>
<p><b>Thrive: A Community Leadership Initiative of Momentum Calgary</b> Thu, Mar 12, 6-8pm, Free HomeStead Apartment Bldg. #1, 209 Second Ave W See description details on page 22</p>	<p>Register: cochrane.ca/ProgramGuide or 403-851-2250</p>
<p><b>HR Basics</b> Wed, Apr 8, 9am-12pm, Free HomeStead Apartment Bldg. #1, 209 Second Ave W See description details on page 22</p>	<p>Register: cochrane.ca/ProgramGuide or 403-851-2250</p>
<p><b>Finance 101</b> Wed, Apr 8, 1– 4pm, Free HomeStead Apartment Bldg. #1, 209 Second Ave W See description details on page 22</p>	<p>Register: cochrane.ca/ProgramGuide or 403-851-2250</p>
<p><b>Healthy Habits</b> Wed, See page 23 for dates, 6-7:30pm, Free HomeStead Apartment Bldg. #1, 209 Second Ave W See description details on page 23</p>	<p>Register: cochrane.ca/ProgramGuide or 403-851-2250</p>
<p><b>Workplace Community Helpers</b> Wed-Thu, Feb 19-20, 9am- 4:30pm HomeStead Apartment Bldg. #1, 209 Second Ave W See description details on page 23</p>	<p>Register: cochrane.ca/ProgramGuide or 403-851-2250</p>
<p><b>Inner Leadership Advanced</b> See page 23 for Dates, 10am- 1pm, \$25 HomeStead Apartment Bldg. #1, 209 Second Ave W See description details on page 23</p>	<p>Register: cochrane.ca/ProgramGuide or 403-851-2250</p>
<p><b>Mindfulness</b> Sat-Sun, Apr 4-5, 9am- 4:30pm, \$50 HomeStead Apartment Bldg. #1, 209 Second Ave W See description details on page 23</p>	<p>Register: cochrane.ca/ProgramGuide or 403-851-2250</p>
<p><b>FOCUS for Attention</b> See date details on page 15, 7-8:30pm, Free, HomeStead Apartment Building, #1, 209 Second Ave W See description details on page 15</p>	<p>Register: cochrane.ca/ProgramGuide or 403-851-2250</p>
<p><b>Positive Parenting Group</b> See date details on page 15, Free Parent Link Centre, 127 First Ave W See description details on page 15</p>	<p>Register: cochrane.ca/ProgramGuide or 403-851-2250</p>

<b>Upcoming Events: (optional)</b>	<b>More info:</b>
<p><b>Emergency Preparedness Workshop- E-Prep</b> Tue, Mar 31, 6:30-8:30pm, \$25 HomeStead Apartment Bldg. #1, 209 Second Ave W See description details on page 26</p>	<p>Register: cochrane.ca/ProgramGuide or 403-851-2250</p>
<p><b>Community Helpers to Support Youth</b> Wed-Thu, May 6-7, 9am-4:30pm, Free HomeStead Apartment Bldg. #1, 209 Second Ave W See description details on page 24</p>	<p>Register: cochrane.ca/ProgramGuide or 403-851-2250</p>
<p><b>Mental Health First Aid for Adults Who Interact with Adults</b> Wed-Thu, Jun 3 &amp; 4, 9am-4:30pm, \$50. HomeStead Apartment Bldg. #1, 209 Second Ave W See description details on page 24</p>	<p>Register: cochrane.ca/ProgramGuide or 403-851-2250</p>
<p><b>Basic Resume and Interview Skills</b> Thu, Feb 20, 6:30-8:30pm, Free HomeStead Apartment Bldg. #1, 209 Second Ave W See description details on page 26</p>	<p>Register: cochrane.ca/ProgramGuide or 403-851-2250</p>
<p><b>Raising Resilient Children</b> Wed, Feb 12, 6:30-8:30pm, Free, Parent Link Centre, 127 First Ave W See description details on page 15</p>	<p>Register: cochrane.ca/ProgramGuide or 403-851-2250</p>
<p><b>Positive Parenting Group</b> Wed, Feb 19-Mar 18, 6:30-8:30pm, Free, Parent Link Centre, 127 First Ave W See description details on page 15</p>	<p>Register: cochrane.ca/ProgramGuide or 403-851-2250</p>
<p><b>Cochrane Wide Food Drive</b> Sat, Apr 25, 10am</p>	
<p><b>Cochrane Trade Show</b> Sat &amp; Sun, May 2-3 Spray Lake Sawmills Family Sports Centre</p>	<p>Register: cochrane.ca/ProgramGuide or 403-851-2250</p>
<p><b>Raising Resilient Children</b> Wed, Feb 12, 6:30-8:30pm, Free Parent Link Centre, 127 First Ave W See description details on page 15</p>	<p>Register: cochrane.ca/ProgramGuide or 403-851-2250</p>