

TOWN OF COCHRANE
Community Service

COCHRANE FAMILY & COMMUNITY SUPPORT SERVICES ADVISORY BOARD

AGENDA

DATE: March 6, 2019
TIME: 6:30pm (new time)
PLACE: The 'Stable' Meeting Room, Cochrane FCSS

Chairperson & United Way Rep: Margaret Stevens
Town Council Rep: Councilor Marni Fedeyko
Members: Lyle Balmer
Jill Ransom

FCSS Staff: Kim Krawec, Manager, FCSS
Cindy Adekat, FCSS Coordinator
Cory Lahoda, Administrative Assistant
Regrets: Rick Lancaster, Vice Chairperson & Rural Rep

1. **Call to Order – Margaret Stevens, Chair**
 - (a) Welcome
2. **Agenda**
 - (a) Agenda Additions/Deletions
 - (b) Adoption of the Agenda
3. **Adoption of Minutes from Previous Meetings**
 - (a) February Minutes delayed until April meeting
4. **Delegations/Committee Reports**
 - (a) Town Council Report – Councilor Fedeyko (verbal)
 - (b) Manager's Report – Kim Krawec (verbal)
5. **New Business**
 - (a) 2019 Meeting Schedule
6. **Ongoing Business**
 - (a) Board Recruitment and Recommendations
 - (b) 2018 Final Reports – Cindy
 - (c) 2019 Cheque Presentation – Wed, Apr 3, 6pm
 - (d) Cochrane Cares (Standing item) – Kim/Cindy
 - (e) United Way Update (Standing item) – Margaret

- (f) Rural Update (Standing item)
- (g) Caregiver Support Update (Standing Item)
- (h) Community Issues (Standing item)

7. Round Table Items

- (a) Board members information sharing

8. Correspondence

- (a) None

- 9. Next Meeting:** Apr 3, 6:00pm Cheque Presentation
 Apr 3, 6:30pm Board Meeting

10. Adjournment

<u>Upcoming Events:</u> (optional)	<u>Staff Contact:</u> (for more info)
Inner Leadership: Mindful Practices for Being Centered and Present Fri, Mar 8, 10am-3pm, \$30 HomeStead Apartment Bldg, #1, 209 Second Ave W See page 23 for description	Register: 403-851-2250 Info: Sharon MacDonald 403-200-1290
Finance Series <u>Networking and Job Search</u> Wed, Mar 13, 6:30-8:30pm, Free, HomeStead Apartment Bldg. <u>Interview Skills</u> Wed, Mar 20, 10am-12pm, Free, HomeStead Apartment Bldg. <u>Budgeting: Control Your Money</u> Wed, Mar 27, 6:30-8pm, Free, HomeStead Apartment Bldg. See description details on page 25	Register: 403-851-2250
Mental Health First Aid for Adults Who Interact with Adults Th-Fri, Mar 21-22, 9am-4:30pm, \$50 HomeStead Apartment Bldg, #1, 209 Second Ave W See page 23 for description	Register: 403-851-2250 Info: Sharon MacDonald 403-200-1290
Road to Recovery Thu, Mar 21-Apr 11, 2-4pm, Free Cochrane Community Health Centre, Rm 1147 See page 24 for description	Register: Canadian Mental Health Association: 403-297-1402
What's New in Volunteer Engagement Tue, Apr 2, 1-3pm, Free HomeStead Apartment Bldg, #1, 209 Second Ave W See page 24 for description	Register: 403-851-2250
Helping Those with Self-Harm Behaviours Fri, Apr 5, 9am-12pm, \$5 HomeStead Apartment Bldg, #1, 209 Second Ave W See page 24 for description	Register: 403-851-2250 Info: Sharon MacDonald 403-200-1290

<p>New Balance Tue, Apr 9-30, 5:30-7pm, Free Cochrane Community Health Centre, Rm 1147 See page 24 for description</p>	<p>Register: Laurelle 403-851-6111</p>
<p>Community Helpers Training Thu-Fri, Apr 11-12, 9am-4:30pm, Free HomeStead Apartment Bldg, #1, 209 Second Ave W See page 25 for description</p>	<p>Register: 403-851-2250 Info: Sharon MacDonald 403-200-1290</p>
<p>COMPASS for the Caregiver Tue, Apr 9-May 28, 6-8pm, \$10 Cochrane Community Health Centre See page 26 for description</p>	<p>Register: 403-851-2250</p>
<p>Mental Health Week Movie: Miss Representation Wed, May 8, 7pm, Free Cochrane MovieHouse See page 26 for description</p>	<p>Register: 403-851-2250</p>
<p>Psychological First Aid After a Disaster or Emergency Fri, May 10, 8am-4pm, \$15 See page 26 for description</p>	<p>Register: 403-851-2250</p>
<p>Can You Teach an Old Car New Tricks? Sat, May 11, 10am-3:30pm, \$15 Location to be confirmed See page 26 for description</p>	<p>Register: 403-851-2250</p>

Program registration on-line: www.cochrane.ca/programguide