

**TOWN OF COCHRANE**  
**Community Service**

**COCHRANE FAMILY & COMMUNITY SUPPORT SERVICES ADVISORY BOARD**

**AGENDA**

**DATE:** September 4, 2019  
**TIME:** 6:30pm – FCSS Advisory Board Meeting  
**PLACE:** The ‘Stable’ Meeting Room, Cochrane FCSS

**Chairperson & United Way Rep:** Margaret Stevens  
**Vice Chairperson & Rural Rep:** Rick Lancaster  
**Town Council Rep:** Councilor Marni Fedeyko  
**Members:** Lyle Balmer  
Valerie Borsos  
Ryan Koudys-Stone  
Jill Ransom  
Gresal Tapulao

**FCSS Staff:** Kim Krawec, Manager, FCSS  
Cindy Adekat, FCSS Coordinator  
Nicole Copses, Administrative Assistant

**Regrets:**

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- 1. Call to Order – Margaret Stevens, Chair**
    - (a) Welcome
  
  - 2. Funded Group Presentations**
    - (a) 6:35-6:50pm: Seniors on the Bow - Diane Hunter
    - (b) 6:50-7:05pm: Cochrane and Area Victim Services – Lauren Delahunt
    - (c) 7:05-7:20pm: Cochrane and Area Hospice Society – Sandra Scott
  
  - 3. Agenda**
    - (a) Agenda Additions/Deletions
    - (b) Adoption of the Agenda
  
  - 4. Adoption of Minutes from Previous Meetings**
    - (a) June 5, 2019 – Regular Meeting
  
  - 5. Delegations/Committee Reports**
    - (a) Town Council Report – Councilor Fedeyko (verbal)
    - (b) Manager’s Report – Kim Krawec (verbal)

**6. New Business**

- (a) Review Funded Projects Mid-Year Reports

**7. Ongoing Business**

- (a) 2020 Grant Process update - Cindy
- (b) Cochrane Cares (Standing Item) – Kim/Cindy
- (c) United Way Update – Margaret
- (d) Rural Update – Rick
- (e) Caregiver Support Update (Standing Item) – Rick

**8. Round Table Items**

- (a) Board members information sharing

**9. Correspondence**

- (a) None

**10. Next Meeting:**

- (a) Oct 2, 6:30pm
- (b) Oct 23, 6:30pm – Grant Presentations

**11. Adjournment:**

<b><u>Upcoming Events:</u></b> (optional)	<b><u>Staff Contact:</u></b> (for more info)
<b>Interagency Meeting (Lunch)</b> Wed, Sep 25, 11:45am-1:30pm HomeStead Apartment Bldg, #1, 209 Second Ave W	RSVP to Cory
<b>Basics are the Building Blocks – How to recruit, retain and recognize volunteers</b> Wed, Sep 18, 1-3pm, Free HomeStead Apartment Bldg, #1, 209 Second Ave W See page 22 for description	Register: cochrane.ca/ProgramGuide or 403-851-2250
<b>Developing Your Fundraiser Pipeline</b> Thu, Sep 26, 1-4pm, Free HomeStead Apartment Bldg, #1, 209 Second Ave W See page 22 for description	Register: cochrane.ca/ProgramGuide or 403-851-2250
<b>Parenting Through Separation and Divorce</b> Thu, Oct 3, 7-9pm, Free Parent Link Centre, 127 First Ave W See page 16 for description	Register: cochrane.ca/ProgramGuide or 403-851-2250
<b>Psychological First Aid after a Disaster or Emergency</b> Fri, Oct 4, 9am-4pm, \$15 HomeStead Apartment Bldg, #1, 209 Second Ave W See page 23 for description	Register: cochrane.ca/ProgramGuide or 403-851-2250
<b>Emergency Preparedness Workshop – E-Prep</b> Wed, Oct 9, 6:30-8:30pm, \$25 HomeStead Apartment Bldg, #1, 209 Second Ave W See page 23 for description	Register: cochrane.ca/ProgramGuide or 403-851-2250

<p><b>Nakoda Language Class 101.1</b> Thu, Oct 17- Nov 21, 7-8:30pm, \$65 Bow Valley College, 209 Second Ave W See page 23 for description</p>	<p>Register: cochrane.ca/ProgramGuide or 403-851-2250</p>
<p><b>Blanket Exercise</b> Wed, Oct 23, 6:30-9pm, Free Seniors on the Bow, Second floor, Spray Lake Sawmills <b>Family</b> Sports Centre, 800 Griffin Road E See page 23 for description</p>	<p>Register: cochrane.ca/ProgramGuide or 403-851-2250</p>
<p><b>Mental Health First Aid for Adults Who Interact with Youth</b> Thu-Fri, Oct 24-25, 9am-4:30pm, \$50 HomeStead Apartment Bldg, #1, 209 Second Ave W See page 24 for description</p>	<p>Register: cochrane.ca/ProgramGuide or 403-851-2250</p>
<p><b>Parenting Through Grief and Loss</b> Thu, Nov 14, 7-9pm, Free Parent Link Centre, 127 First Ave W See page 16 for description</p>	<p>Register: cochrane.ca/ProgramGuide or 403-851-2250</p>
<p><b>Interagency Meeting (Lunch)</b> Wed, Nov 27, 11:45am-1:30pm HomeStead Apartment Bldg, #1, 209 Second Ave W</p>	<p>RSVP to Cory</p>
<p><b>Mindful Parenting</b> Thu, Nov 28, 7-9pm, Free See page 16 for description</p>	<p>Register: cochrane.ca/ProgramGuide or 403-851-2250</p>
<p><b>Basic Facilitation Skills</b> Wed-Fri, Nov 27-29 8:30am-4pm, \$169 Frank Wills Memorial Hall, 405 First Street E See page 22 for description</p>	<p>Register: cochrane.ca/ProgramGuide or 403-851-2250</p>
<p><b>Community Helpers Training</b> Thu-Fri, Nov 28-29, 9am-4:30pm, Free HomeStead Apartment Bldg, #1, 209 Second Ave W See page 25 for description</p>	<p>Register: cochrane.ca/ProgramGuide or 403-851-2250</p>
<p><b>Finance Series</b> <b><u>Wills and Estates</u></b> Thu, Oct 17, 10am-12pm, Free, HomeStead Apartment Bldg. <b><u>Budgeting: Budgeting Basics</u></b> Thu, Oct 24, 6:30-8pm, Free, HomeStead Apartment Bldg. See description details on page 25</p>	<p>Register: cochrane.ca/ProgramGuide or 403-851-2250</p>
<p><b>Job Readiness Series</b> <b><u>Interview Skills</u></b> Thu, Sep 19, 10am-12pm, Free, HomeStead Apartment Bldg. <b><u>Work Search Strategies and Cover Letters</u></b> Thu, Nov 14, 10am-12pm, Free, HomeStead Apartment Bldg. <b><u>Ride the Wave: Are you Job Search Ready</u></b> Thu, Nov 21, 9am-4pm, Free, HomeStead Apartment Bldg. <b><u>Resume Skills</u></b> Thu, Dec 5, 10am-12pm, Free, HomeStead Apartment Bldg. See description details on page 25</p>	<p>Register: cochrane.ca/ProgramGuide or 403-851-2250</p>
<p><b>Technology Series</b> <b><u>Parent Masterclass: How gaming and Social Media are Designed to keep your Teenagers Hooked</u></b> Mon, Sep 30, 7pm, \$10, Cochrane RancheHouse Theatre</p>	<p>Register: cochrane.ca/ProgramGuide or 403-851-2250</p>

<p><b><u>The Impact of Technology on Children</u></b> Thu, Oct 24, 6-8pm, Free, Parent Link Centre</p> <p><b><u>The Great Disconnect</u></b> Thu, Nov 21, 7pm, Free, Cochrane RancheHouse Theatre</p> <p><b><u>Fraud and Scam Presentation for Older Adults</u></b> TBD See description details on page 26</p>	
<p><b>Jacket Racket Event</b> Sat, Oct 26, 10am-12pm, Free Cochrane Alliance Church, 902 Glenbow Dr See description details on page 30</p>	Call 403-851-2250 for information
<p><b>50+ Resource Fair</b> <b>Wed, Oct 30, 1:30-4pm, Free</b> Cochrane Alliance Church, 902 Glenbow Dr See description details on page 30</p>	Call 403-851-2250 for information

Program registration on-line: [www.cochrane.ca/programguide](http://www.cochrane.ca/programguide)