

TOWN OF COCHRANE
Community Service

COCHRANE FAMILY & COMMUNITY SUPPORT SERVICES ADVISORY BOARD

AGENDA

DATE: October 2, 2019
TIME: 6:30pm – FCSS Advisory Board Meeting
PLACE: The ‘Stable’ Meeting Room, Cochrane FCSS

Chairperson & United Way Rep: Margaret Stevens
Vice Chairperson & Rural Rep:
Town Council Rep:

Members: Lyle Balmer
Valerie Borsos
Ryan Koudys-Stone
Jill Ransom
Gresal Tapulao

FCSS Staff: Kim Krawec, Manager, FCSS
Cindy Adekat, FCSS Coordinator
Nicole Copses, Administrative Assistant

Regrets: Rick Lancaster
Councilor Marni Fedeyko

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- 1. Call to Order – Margaret Stevens, Chair**
 - (a) Welcome
 - 2. Agenda**
 - (a) Agenda Additions/Deletions
 - (b) Adoption of the Agenda
 - 3. Adoption of Minutes from Previous Meetings**
 - (a) Sep 4, 2019 – Regular Meeting
 - 4. Funded Group Presentations**
 - (a) 6:50-7:05pm: Tapestry of Women – Patricia Cove
 - (b) 7:05-7:20pm: Cochrane and Area Victim Services – Lauren Delahunt
 - 5. Delegations/Committee Reports**
 - (a) Town Council Report – Councillor Fedeyko (verbal) – N/A
 - (b) Manager’s Report – Kim Krawec (verbal)

6. New Business

- a. Discuss Board meeting minutes
- b. FCSSAA Conference – 1 spot available
- c. Review Grant Applications (2020)
- d. Discuss grant decision making process

7. Ongoing Business

- (a) 2020 Grant Process update - Kim
- (b) Cochrane Cares (Standing Item) – Kim
- (c) United Way Update – Margaret
- (d) Rural Update – Rick/Margaret
- (e) Caregiver Support Update (Standing Item) – Rick-N/A

8. Round Table Items

- (a) Board members information sharing

9. Correspondence

- (a) FCSS Cochrane and UW Impact Report from Variety- The Children’s Charity of Alberta (Attached)
- (b) Highlights from the Sep 6, 2019 FCSSAA Board meeting (Attached)

10. Next Meeting:

- a. Oct 23, 6:30pm – Grant Presentations
- b. Nov 6, 5:30pm –Dinner will be served

11. Adjournment:

Upcoming Events: (optional)	More info:
Emergency Preparedness Workshop – E-Prep Wed, Oct 9, 6:30-8:30pm, \$25 HomeStead Apartment Bldg, #1, 209 Second Ave W See page 23 for description	Register: cochrane.ca/ProgramGuide or 403-851-2250
Nakoda Language Class 101.1 Thu, Oct 17- Nov 21, 7-8:30pm, \$65 Bow Valley College, 209 Second Ave W See page 23 for description	Register: cochrane.ca/ProgramGuide or 403-851-2250
Blanket Exercise Wed, Oct 23, 6:30-9pm, Free Seniors on the Bow, 800 Griffin Rd E, Second floor See page 23 for description	Register: cochrane.ca/ProgramGuide or 403-851-2250
Mental Health First Aid for Adults Who Interact with Youth Thu-Fri, Oct 24-25, 9am-4:30pm, \$50 HomeStead Apartment Bldg, #1, 209 Second Ave W See page 24 for description	Register: cochrane.ca/ProgramGuide or 403-851-2250
Parenting Through Grief and Loss Thu, Nov 14, 7-9pm, Free Parent Link Centre, 127 First Ave W See page 16 for description	Register: cochrane.ca/ProgramGuide or 403-851-2250
Interagency Meeting (Lunch) Wed, Nov 27, 11:45am-1:30pm	RSVP to Cory

HomeStead Apartment Bldg, #1, 209 Second Ave W	
Mindful Parenting Thu, Nov 28, 7-9pm, Free See page 16 for description	Register: cochrane.ca/ProgramGuide or 403-851-2250
Basic Facilitation Skills Wed-Fri, Nov 27-29 8:30am-4pm, \$169 Frank Wills Memorial Hall, 405 First Street E See page 22 for description	Register: cochrane.ca/ProgramGuide or 403-851-2250
Community Helpers Training Thu-Fri, Nov 28-29, 9am-4:30pm, Free HomeStead Apartment Bldg, #1, 209 Second Ave W See page 25 for description	Register: cochrane.ca/ProgramGuide or 403-851-2250
Finance Series <u>Wills and Estates</u> Thu, Oct 17, 10am-12pm, Free, HomeStead Apartment Bldg. #1, 209 Second Ave W <u>Budgeting: Budgeting Basics</u> Thu, Oct 24, 6:30-8pm, Free, HomeStead Apartment Bldg. #1, 209 Second Ave W See description details on page 25	Register: cochrane.ca/ProgramGuide or 403-851-2250
Job Readiness Series <u>Work Search Strategies and Cover Letters</u> Thu, Nov 14, 10am-12pm, Free, HomeStead Apartment Bldg. #1, 209 Second Ave W <u>Ride the Wave: Are you Job Search Ready</u> Thu, Nov 21, 9am-4pm, Free, HomeStead Apartment Bldg. #1, 209 Second Ave W <u>Resume Skills</u> Thu, Dec 5, 10am-12pm, Free, HomeStead Apartment Bldg. #1, 209 Second Ave W See description details on page 25	Register: cochrane.ca/ProgramGuide or 403-851-2250
Technology Series <u>Parent Masterclass: How gaming and Social Media are Designed to keep your Teenagers Hooked</u> Mon, Sep 30, 7pm, \$10, Cochrane RancheHouse Theatre <u>The Impact of Technology on Children</u> Thu, Oct 24, 6-8pm, Free, Parent Link Centre <u>The Great Disconnect</u> Thu, Nov 21, 7pm, Free, Cochrane RancheHouse Theatre <u>Fraud and Scam Presentation for Older Adults</u> Tue, Oct 8, 6-8pm, Free, Seniors on the Bow, 800 Griffin Rd E, Second floor See description details on page 26	Register: cochrane.ca/ProgramGuide or 403-851-2250
Jacket Racket Event Sat, Oct 26, 10am-12pm, Free Cochrane Alliance Church, 902 Glenbow Dr See description details on page 30	Call 403-851-2250 for information
50+ Resource Fair Wed, Oct 30, 1:30-4pm, Free Cochrane Alliance Church, 902 Glenbow Dr See description details on page 30	Call 403-851-2250 for information

FCSS Cochrane and UW Impact Report

Program: Just Like You Disability Awareness Education Program

Variety Alberta's Just Like You program was created to build understanding, acceptance and inclusion of individuals living with disabilities. The empathy based program introduces the concept of disability to children at a young age. Using direct, interactive workshops led by a person with a disability themselves, Just Like You™ challenges misconceptions surrounding disability and provides a new lens for seeing disability in a positive, affirmative way.

Just Like You is offered to elementary schools at no cost.

Variety Alberta brought the Just Like You program to Canada from New South Wales Australia in the summer of 2018. With some revisions to fit a Canadian audience and minor content modifications, we ran a pilot in Cochrane in the fall with delivery to two schools (Fireside Elementary School and Elizabeth Barrett Elementary School). For our pilot, we delivered the program to 819 children and 62 teachers/teacher aides/Administration. The Just Like You program was fully launched in January 2019 and for the remainder of the 2018-2019 school year, was delivered to an additional 2693 children and 202 teachers in the communities of Cochrane; Rocky View County; Rocky View and Calgary.

Schools Delivered To (2019):

Glenbow Elementary (Cochrane)
Westbrook School (Cochrane)
Ralph McCall (Airdrie)
AE Bowers (Airdrie)
Heloise Lorimer School (Airdrie)
Langdon Elementary (Langdon)
Eric Harvie School (Calgary)

Impact of Program

We have nothing but positive feedback from schools who have received the program and have received letters of thanks from the schools for choosing them to deliver our program to.

In addition, we have learned that schools have continued the messaging of inclusion and belonging into their classrooms in various ways:

Cochrane Specific Schools:

At Fireside school, one teacher had the children do a mural on the wall with pictures that they made on celebrating differences in their classroom. Another teacher had each of the students write a letter to the presenter telling her what they learned and how they were going to use their learnings every day.

At Elizabeth Barrett school, the facilitator was invited to participate in their anti-bullying day to have a longer presence in the school and continue with the message of being kind to each other and remembering that people with a disability are the same as everyone else. They are ... Just Like You.

At Glenbow Elementary, the principal let us know that the children who have disabilities in their schools were pleased with the program as it gave them a sense of safety to be able to talk about their disability (if they chose on their own to do this) without judgement. Having the facilitator (who lives with a disability) validate that its ok to be different gave the children more confidence in their own disability.

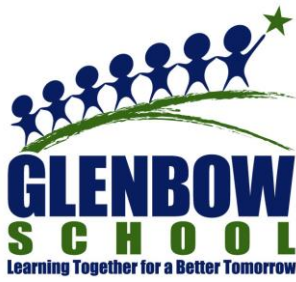
We saw this at all of the schools. One child at Fireside schools has a cleft pallet and we learned has been teased for it by his peers. During one of our presentations, the facilitator talked about how we need to celebrate our differences and that being different is good (the presentation itself focuses on differences). This young boy put his hand up and announced to the class that he is different because of his cleft pallet and that he was special because of it. Following the presentation, the teacher approached the supervisor and said that she had never seen this child so pleased with his disability and that the presentation made him feel especially important and valued.

In addition, we were told that in all of our schools we presented at, the children were extremely excited for the second round of presentations and could hardly wait for our facilitator to come back. With research showing that almost 70% of people feel uncomfortable when talking to a person who has a disability, learning that the children were awaiting the return of the facilitator, is a huge step in helping to normalize disability and have people who live with them be seen in a positive, affirmative way.

The Just Like You program is being delivered at a time where we are seeing a lot of division in the world. A time where it is truly important for young children to learn that differences are important and make us who we are.

We thank you for your support and helping us share the messages of acceptance, understanding and inclusion.

Jana Hands; Larry Horeczy and Sasha MacDonald
Variety – the Children’s Charity of Alberta



GLENBOW ELEMENTARY SCHOOL

55 Glenpatrick Road
Cochrane, Alberta T4C 1X7

(403) 932-4922

email: glenbow@rockyview.ab.ca

Brendan Trinca, *Principal*
Neil Comba, *Asst. Principal*

February 25, 2019

To Whom it May Concern,

This January 2019, we were fortunate enough to have Sasha from the “Just Like You” program spend two weeks in our school helping our students understand ability and what life is like for those who find being “able” tricky.

Sasha was open and available to all the questions and comments that the students had. She was able to control the students in a kind but firm manner and understood when they were being curious.

This is a fantastic program that we would of course like to continue each year as the presentations are grade specific. The staff had nothing but great things to say about Sasha, the presentation and the conversations they had with their students after the presentations. It was wonderful to have each class see Sasha once each week that she was here because that afforded them the opportunity to let the information settle and come up with different ways of wondering. Without funding for special programs like this we would not necessarily be able to afford bringing such a great resource into our school.

We would highly recommend this program to other schools (in fact we have) as it is a wonderful resource.

Yours truly,

Colleen Heschl-Ball

Child Development Advisor

Glenbow Elementary School



Highlights of September 6, 2019 FCSSAA Board meeting

REGION ROUNDTABLE

Highlights and trends were shared from around the province. The new format to collect information from the FCSS offices worked well.

PROVINCIAL OFFICE UPDATE (Ken Dropko)

Red Tape Reduction: The Government is seeking input from stakeholders on potential opportunities to reduce and/or streamline reporting requirements. A short survey will be circulated at the Directors' Network Committee on September 13, 2019.

Blue Ribbon Panel: Recommendations were released on September 3, which includes 26 recommendations addressing the health care system, education, advanced education, the public sector, capital expenditures, procurement, program reviews, strategic financial plan and budget measures to ensure accountability, balance budget, and eliminate debt. All are encouraged to read the report.

Meeting with Minister Sawhney: FCSSAA (Vicki and Colleen) met with Minister Sawhney on August 12. The Minister is supportive of FCSS, she was impressed with information provided about the work and scope of FCSS and important role played in communities to identify and address needs and priorities.

Minister expressed interest in attending the FCSS conference.

Budget: 2019 Budget will likely be tabled in November. Work on budget 2020 will begin as soon as Budget 2019 is passed.

2019 FCSS Funding Agreements: The decision to not issue Funding Requests this year was an effort to reduce unnecessary processes and also because of the budget delay. Funding Agreements are pending the tabling of the Budget 2019.

Provincial Progress and Outcomes Reports: Work is progressing on the roll-up of the 2017 outcomes data. Once complete, a summary featuring key information from the reports will be provided. As part of red tape reduction, reports will be streamlined where possible.

Family and Community Safety Program Grants-Update: 37 projects were approved for grant funding. The projects will run until March 30, 2020.

Program Reviews: The final six reviews, out of a total of 24 program reviews this year, will be complete in October. Program reviews will have been completed with all eight Metis Settlements, Strathcona County, Municipality of Wood Buffalo (Ft. McMurray), Clearwater County (Rocky Mountain House); Red Deer, Airdrie, Okotoks, Wheatland, Chestermere, Bow Island (40 Mile House) and Flagstaff. Reviews with Spruce Grove, Stony Plain, Parkland County, Gibbons, Red Water and Fort Saskatchewan will be completed in October.

FCSS Regulation: The FCSS Regulation will expire on June 30, 2022. The expiry date was set by the previous government. A briefing will be prepared for the Minister and obtain direction on moving forward.

FCSSAA STRATEGIC PLANNING

The draft strategic three-year plan was reviewed. An abbreviated version will be created for distribution at the AGM in November.

2019-20 BUDGET

The 2019-20 FCSSAA was approved and will be available at the AGM in November.

2019 FCSSAA ANNUAL CONFERENCE

- East Central has done a great job planning the conference.
- Conference registration will be live the week of Sept. 16.
- An invitation from the Association will be sent to all the MLA's to attend the breakfast.
- Award deadline is September 13.
- Reminder that we are looking for auction items for the conference. Funds raised from the auction go toward providing conference subsidies to programs who need it.

EXECUTIVE DIRECTOR REPORT

Congratulations to Judy MacKnee for 10 years of employment with FCSSAA.

DIRECTORS' NETWORK REPORT

The Directors' Network will meet in Edmonton on Sept. 12 & 13. There are two new members – Zakk Morrison from Barons-Eureka-Warner and Lynne Jenkinson from Flagstaff.

Next Board Meeting

The next FCSSAA Board meeting will be on October 11, 2019.