



PARKS AND RECREATION COMMITTEE MINUTES

TIME: 7:00 pm
DATE: August 20, 2019
PLACE: EOC, Cochrane RancheHouse

Co-Chairperson: Dawn Thome

Members: Brooke Sabourin
Jacques Sauve
Julie Sharpe
Doug Marter
Fiona Gilbert RVSD

Administration Gerry Murphy, Senior Manager Community Services
Brad Luft, Manager Parks & Open Spaces
Tanya Fiwchuk, Recording Secretary

Regrets: Hank Biesbroek
Tara McFadden
Kelli Willisko
Lloyd Manning
James Darby

1. Call to Order

~Co-chair Dawn Thome called the meeting to order at 7:03pm

2. Agenda

2a Additions, Deletions, Adoption

i) Additions of Off leash area in new neighbourhoods, Sponsorship update, media photo shoot.

~Brooke Sabourin motioned to accept the changes.

~Carried unanimously~

3. Adoption of Minutes

3a June 5, 2019

~Moved by Julie Sharpe to accept the minutes

~Carried unanimously~

4. Business

4a Old Business

i) Sponsorship update

~Motion by Julie Sharpe to accept information as presented.

~Carried unanimously~

ii) Off leash criteria for new neighbourhoods

~Jacques Sauve motioned the committee to review information sent by Administration.

~Carried unanimously~

4b New Business

i) Update on Recreation and Neighbourhood programming presented by Angela Christ and Cindy Adekat

ii) Develop Games Bid Draft, presented by subcommittee chairperson James Darby

~deferred to next meeting~

iii) Parks Capital Budget review and preview of 2022 presented by Brad Luft

~Doug Marter motioned to support the Parks Capital Budget for 2022 as presented and recommends Council supports the recommendations. ~Carried unanimously~

iv) Impacts on Parks Infrastructure from June 21st overland flooding update presented by Brad Luft

~Julie Sharpe motioned to accept the information as presented.

~Carried unanimously~

v) Media photo shoot of committee at Septmember meeting

~Administration Motioned to support the group photo

~Carried unanimously~

4c Communications, Priorities and Engagement

i) Council priorities

ii) Administration priorities

a) Parks and Recreation committee schedule Sept 2019-July 2020

iii) Committee priorities

5. Upcoming important dates

5a Next meeting – September 24, 2019, Council Chambers

5b Next meeting – October 22, 2019, Council Chambers

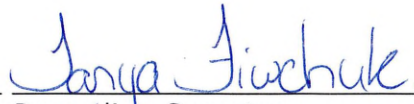
Next meeting – November 26, 2019, Council Chambers

6. Adjournment

~Co-chair Dawn Thome called the meeting adjourned at 8:33pm



Chairperson



Recording Secretary

COCHRANE VOLLEYBALL LEAGUE

A Town of Cochrane Adult Recreation Program

Participation in organized recreational sport promotes active living and helps people build a vibrant healthy community.

The Town of Cochrane has been supporting recreational volleyball in the community since 2004.

League participants are friends, families, co-workers and new residents who share a love of team sports and look for activities that have a social component. Players are aged from 16-68. Indoor leagues are Sep-Apr, Beach is Jun-Aug.



Timeline:

2004 - Women's Volleyball League and Annual Tournament estimated start.

2016 - Mixed Volleyball League and Tournament added from an existing volunteer run league.

2016 – A domain name was obtained and a web-platform for league management was subscribed to.

- 'Sisplay' is a 'canned' online platform that handles, schedules, mail, advertising, mobile app for users and document downloads. It's a hub for people looking to play recreational volleyball.
- The URL and email are- www.cochranevolleyball.net. volleyball@cochrane.ca

2018 – Men's Drop-in Volleyball start.

2019 – Beach Volleyball Drop-in start.

Participants: Total Estimated

Mixed teams	16 (16 teams x 10 players = 160)
Women's teams	16 (16 teams x 10 players = 160)
Men's Drop-in	20 participants on average
Beach Volleyball Drop-in	20 participants on average
Mixed League Tournament	14-16 teams (14 teams x 10 players = 140)
Women's Open Tournament	10-14 teams (12 teams x 10 players = 120)
Sub-list and team subs	40 estimated

TOTAL participants estimated for 2019/2020 – 660 players

Budget/Operations:

The program operates on a cost recovery budget. Fees and expenses are balance to deliver affordable, accessible and inclusive adult recreational sport.

We utilize gyms/courts at Rockyview Schools, SLS Gym, JVC Beach House at Springbank Park. Our relationship with Rockyview is an important part of fulfilling our expanding gym needs and delivering programs that are affordable. SLS does not have capacity for additional gym time and the cost would drive program fees much higher. We currently use 3 school gyms, SLS gym twice per week, JVC courts once per week.

PLAYBADMINTON

A Town of Cochrane Youth Recreation Program

Participation in organized recreational sport promotes active living and helps build a vibrant healthy community. The Town of Cochrane supports an active lifestyle for youth through sport participation.

Our goal is to provide programs for kids aged 9-14 that supports physical literacy and fundamental movement skill development through the sport of badminton. Our focus is beginner-intermediate levels. Our program attracts kids that are not interested in team sports and are looking for a fun sport to learn and play recreationally.

Badminton is widely played at school and in backyards at home and on holiday by kids and adults of all ages. Badminton is played for fun and recreation and is an Olympic Sport. World-wide it has one of the highest participation numbers of all sports.

Participants: Total Estimated

PLAY Badminton evening and weekend programs estimated annual registration	65
Shuttletime Afterschool Badminton at Glenbow School	32-64


TOTAL participants estimated for 2019/2020 – 129 players

Budget/Operations:

The program operates on a cost recovery budget. Fees and expenses are balance to deliver affordable, accessible and inclusive youth recreational sport:

- Shuttletime Afterschool has the support of a Badminton Alberta, Head Coach who assists with equipment and coaching support, all donated to the program.
- In the first year of Shuttletime we had a Para-badminton coaching assistant who inspired the kids and demonstrated that anything is possible.
- Instructors and kids have participated in a number of partnerships with local and regional organizations and schools:
 - PLAY Badminton Pilot at Elizabeth Barrett School
 - Shuttletime School Event at Yonex Open – Holy Spirit Elementary School
 - Sports Day for Holy Spirit
 - All Sport One Day – Cochrane 2019, new initiative with Sport for Life Cochrane and Sport Calgary and dozens of sport orgs ad associations.

We utilize gyms/courts at Rockyview Schools. Our relationship with Rockyview is an important part of fulfilling our expanding gym needs and delivering programs that are affordable. We currently use 1 school gym and SLS gym once per week.



Play Badminton & Shuttle Time After School

Supporting Physical Literacy
In our Community

Sessions run:
Sep to Dec or Jan to Apr

Learn FUNDamental MOVEMENT SKILLS through Badminton. Kids ages 9 & up can play badminton and learn from experienced coaches. Evening, Weekend and Afterschool Programs available.

Registration opens Aug 14

Register:
cochrane.ca/Cochrane Program
or 403-851-2250

More info:
badminton@cochrane.ca

FCSS
FAMILY COMMUNITY SUPPORT SERVICES

cochrane

Cochrane Parks and Recreation Committee Report

FCSS Neighbourhood Update

23 July 2019

Purpose:

This update is meant to provide the Council appointed Parks and Recreation Committee with an overview of the successes to date, of factors that could pose challenges, and of our intended path forward over the next 12 months. This includes both formal and informal supports and services.

Background:

The Cochrane Cares Well-being Review process in 2017 was enlightening. The results of this engagement not only informed our path forward in the way that we work with and within neighbourhoods, but it was also instrumental in the re-imagining of the structure within the Community Liaison and Programmer team.

It was through the Cochrane Cares engagement process that we heard from the community that they were feeling isolated, lonely, disconnected, and wanted to enhance feelings of belonging amongst residents.

Through research, and in conversation with other Alberta municipalities, it was determined that place-based programs and services, and support of local grass root organizations create opportunities for greater connection and enhance feelings of belonging. This research pointed in the direction of neighbourhood community development.

What is Community Development?

Community Development is grounded in the belief that relationship is key in building community and is best accomplished through working collaboratively, sharing ideas, and empowering people to make decisions that positively impact their quality of life.

Community development takes place in both neighbourhoods and within communities of interest as people identify what is relevant to them.

Relationship leads to trust and is the cornerstone to good community development work. It takes as long as it takes, and without the foundation of deep and trusting relationship, the work is tenuous at best.

Neighbourhood Portfolio:

There are 1.6 FTE dedicated to neighbourhood work within FCSS; one member embarking on this journey at the end of September 2018, and the other joining the team in November of 2018. Over the past nine months, we have had several iterations of the division of tasks and developed several versions of work plans as we explored how best to serve the community while wading into this new work. Over time, the natural division became evident; 1.0 FTE is working strictly with Community Associations (CA's), and the 0.6 FTE position is working in the development, delivery and evaluation of neighbourhood programs and events.

Community Associations -

For decades, Cochraneites have gathered and organized into groups to enhance the quality of life in our community by bringing assets and amenities to neighbourhoods, mobilizing around special projects and/or concerns, and promoting recreation and social activities through their CA.

Historically, municipal supports of local CA's have included;

- Semi-annual meetings with Mayor, Council, and Senior Leadership where there is opportunity to share information reciprocally.
- An annual grant to local Community Associations that assisted with costs such as Board Liability Insurance.
- A CA information page on the Town of Cochrane website.

While residents can and do come together informally to achieve goals and pursue action(s), it is recommended that a group of individuals interested in neighbourhood initiatives formalize through the province's Societies Act to become a CA.

There are 10 CA's in the Town of Cochrane. These groups range from being relatively new, to being new iterations of previous groups, to groups that have been together in some form for decades, to others who are currently struggling, and finally to those that have ceased to exist and/or are currently inactive.

Expressed Interest	Newly (Re)Established	Strong Active	Struggling	Inactive
	<ul style="list-style-type: none"> • Heritage Hills • Heartland • Sunset • Bow Meadows 	<ul style="list-style-type: none"> • Riverview • GlenEagles • Jumping Pound 	<ul style="list-style-type: none"> • Cochrane Settlement 	<ul style="list-style-type: none"> • River Heights • West Valley

Over the past nine months, we have gone where the energy and desire to work with us exists, and a great deal of time has been dedicated to;

- Gaining an understanding of the history of CA's in Cochrane,
- Building a picture of the current landscape with regard to CA's, and
- Slowly earning the trust of local residents as we build meaningful relationships. This includes putting our agenda aside and following the lead of the CA members.

To date, we have;

- **Hosted 2 CA Gatherings** (January 2019 & June 2019). These gatherings took a great deal of planning and organization.
 - **Winter Gathering** - Four CA's were in attendance at the Winter Gathering. The discussion included; who they are, health of their board, length of time in existence, why they formed, how often they meet, boundaries, the sorts of programs/events that they offer, financial health, what is working well, and what is challenging them.
 - **Spring Gathering** – Five CA's were in attendance with several having more than one board member participate. The agenda included; introductions/sharing re: each CA and mapping boundaries as part of the introduction, discussion and Q&A about Board Governance and supports for voluntary organizations; program development, delivery, and evaluation; funding opportunities and supports; communications; and information on the benefits of forming a federation of CA's. Participants had an opportunity to network and shared that

the Winter Gathering had been the catalyst for several CA's to partner on an initiative and that they had been seeking the support of one another as each person has different strengths/skills/gifts. Several participants stated that they saw great value in these gatherings and requested to have them quarterly rather than semi-annually.

- **Provided Direct Supports** to several CA's who were either forming, on the verge of dissolution, seeking assistance with grant writing, in need of board governance advice, or seeking information.
- **Neighbourhood Branding** was created in close collaboration with Town of Cochrane Communications.
- **Tools and Resources** were researched and developed to support CA's
- **Webpage** was created including all things neighbourhoods.
- **Neighbourhood Community of Practice** was joined and participated in on a monthly basis. Membership is international and comprises of municipalities working in neighbourhoods and developing neighbourhood strategies.
- **Great Neighbour Week** in June encouraged neighbours to get out and connect.

Neighbourhood Programs -

Programs are a fun and informal way to bring people out into their neighbourhood to hopefully create connections with their neighbours. To date, these have included the development and/or delivery of;

- **Park & Play** – This is an 8 week summer park program. There is no cost to participate in this outdoor park program. It encourages children to get outside, into our parks, and to connect with other children in their neighbourhood who they otherwise may not know. The hope is that neighbourhood children will build some independence skills throughout the week and that parents will gain confidence in their child's ability to play outside without 24/7 parental supervision.

- **Kids Can Catch** – This annual event takes place at Mitford Pond and the Neighbourhood Programs staff is the lead. There are a variety of corporate and non-profit partners who contribute to the success of the event. This year a successful application for funding to AB Conservation allowed child participants to take home a new fishing rod each. Attendees hope to learn new skills, enjoy the natural environment, to disconnect from technology and reconnect with family, and perhaps to meet a new friend.
- **Block Party Program** – The Block Party Trailer is a new program. The trailer is a tool that can be used by neighbourhood leaders, CA's or everyday residents to have fun with their neighbours and to make new connections in the process. The Block Party Procedure is in the process of being written.
- **CommUNITY Connector** – Formally known as the Fun Van, a process of rebranding has taken place as this asset is no longer bookable by the community and will be used exclusively as a tool to attract residents to programs and activities delivered at a neighbourhood level with the intent of enhancing opportunities for connection.
- **Family Fun Run** – Planning is underway for this 3-5k run that takes place August 17th and encourages families to get outside and to enjoy nature together while participating in a few hours of activity.
- **Neighbourhood Pop-Ups** – Informal opportunities to bring neighbours together. These include pop up fire pits, pop up coffee dates, and pop up movies in the park to name a few. All are designed to get people outside and to provide space for meaningful connection.
- **Family Active Nights** – We will be approaching local schools in the fall to explore the possibility of continuing to offer Family programming in partnership and at a neighbourhood level.

Next Twelve Months:

- Ongoing development of tools and resources for governance such as 'Getting Started' guide for new CA's, and 'Guide for Successful Groups'.
- AGM (facilitation supports) and board meeting attendance.
- Training opportunities specific to the needs of CA's (Ex: organizational lifecycle, Board Development, Volunteer Recruitment)
- Host explorative community meetings to determine interest in creating or sustaining CA's in various neighbourhoods
- ToC Liaising when CA's are pursuing initiatives requiring multiple municipal departments (Ex: Permits, Parks, Planning, Municipal Enforcement, etc).
- Quarterly gatherings with local CA's.
- Development of a 'CA Health Status' Summary.
- Development and dissemination of a Neighbourhood Survey that will act as a first step into the development of a Neighbourhood Strategy for Cochrane
- Development of a process for the creation of a Cochrane Neighbourhood Strategy
- Research neighbourhood micro-grants for programs, events or beautification projects
- Explore evidence-informed place-based programs that could be implemented in Cochrane neighbourhoods
- Ongoing participation in both the Neighbourhood Community of Practice and the Abundant Community Development Community of Practice
- Evaluate!

Considerations:

As we move forward, there are a number of factors that could possibly influence this work;

- CA's in Cochrane are independent groups, separate from the Town, with self-determined goals and objectives,
- CA's depend on governance volunteers to sustain their board structure,

- CA's are dynamic in nature, subject to frequent change, and experience complex life cycles,
- FCSS Neighbourhood team has limited capacity and will need to be ever mindful of this factor as we anticipate increased interest in accessing our services.

Summary –

In defining a process for neighbourhood work, a team approach and involving those being served will be necessary in order to be successful. Additionally, harnessing the wisdom of CA members and citizens at large who believe in the importance of engagement and resident involvement will be crucial as we move toward the development of a neighbourhood strategy and in making Cochrane neighbourhoods even more vibrant and connected places.