

March 2023

Su		Monday		Wednesday	Thursday	Friday	Sat	
				1	2	3	4	
<p>Auditorium is closed the week of March 6 – 10th.</p> <p>Activities in the Games Room will continue.</p>				10:00am Qigong 10:00am Chair Fitness 1:15pm Floor Shuffleboard 1:30pm- Jammers	9:15 am Zoomer Zone 10:30am Gentle Yoga 1:15pm Mah Jong 1:30pm Line Dancing 1:30pm Pool 7:00pm Euchre	10:00am Chair Fitness 10:00am Event Committee 10:30 Tech Time 1:15pm Bridge 2:00 – 4:00pm New Member Meet & Greet	Denotes programs to be cancelled	
		5	6	7	8	9	10	11
		10:30AM Zumba Gold Toning 1:15pm- Movie: I Love My Dad (96min) 1:15pm Coffee & Conversation 3:00pm Engaging Men 7:00pm Belly Dancing 7:00pm Bridge	10:00am Yoga 1:15pm Crib 1:15pm Carpet Bowling	10:00am Qigong 10:00am Chair Fitness 1:15pm Floor Shuffleboard 1:30pm- Jammers	9:15 am Zoomer Zone 10:30am Gentle Yoga 1:15pm Mah Jong 1:30pm Line Dancing 1:30pm Pool 7:00pm Euchre	10:00am Chair Fitness 10:30 Tech Time 1:15pm Bridge		
		12	13	14	15	16	17	18
		10:30AM Zumba Gold Toning 1:15pm- Movie: The Terminal (127min) 1:15pm Coffee & Conversation 3:00pm Engaging Men 7:00pm Belly Dancing 7:00pm Bridge	10:00am Yoga 1:15pm Crib 1:15pm Carpet Bowling	10:00am Qigong 10:00am Chair Fitness 1:15pm Floor Shuffleboard 1:30pm- Jammers	9:15 am Zoomer Zone 10:30am Gentle Yoga 1:15pm Mah Jong 1:30pm Line Dancing 1:30pm Pool 7:00pm Euchre	10:00am Chair Fitness 10:30 Tech Time 12:30 Lunch & Learn 1:15pm Bridge		
19	20	21	22	23	24	25		
Board Meeting – FCSS 10:30 Zumba Gold Toning 1:15pm- Movie: Arsenic and Old Lace (118min) 1:15pm Coffee & Conversation 3:00pm Engaging Men 7:00pm Belly Dancing 7:00pm Bridge	10:00am Yoga 1:15pm Crib 1:15pm Carpet Bowling	10:00am Qigong 10:00am Chair Fitness 1:15pm Floor Shuffleboard 1:30pm- Jammers	9:15 am Zoomer Zone 10:30am Gentle Yoga 1:15pm Mah Jong 1:30pm Line Dancing 1:30pm Pool 7:00pm Euchre	10:00am Chair Fitness 10:30 Tech Time 12:30pm Hot Lunch 1:15pm Bridge				
26	27	28	29	30	31	1		
10:30am Zumba Gold Toning 1:15pm- Movie: The Second Best Exotic Marigold Hotel (122min) 1:15pm Coffee & Conversation 3:00pm Engaging Men 7:00pm Bridge 7:00pm Belly Dancing	10:00am Yoga 1:15pm Crib 1:15pm Carpet Bowling	10:00am Qigong 10:00am Chair Fitness 1:15pm Floor Shuffleboard 1:30pm- Jammers	9:15 am Zoomer Zone 10:30am Gentle Yoga 1:15pm Mah Jong 1:30pm Line Dancing 1:30pm Pool 7:00pm Euchre	10:00am Chair Fitness 10:30 Tech Time 1:15pm Bridge 2:00pm Book Club				

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