

10 THINGS YOU CAN DO



EXPERIENCE YOUR NEIGHBOURHOOD!

As we all adjust to following COVID safety protocols, there are still things we can do to make each day a little bit brighter. Here are some ideas for activities you can enjoy, online and in-person, while keeping yourself and your family safe.

- 1 PLAN A BLOCK PARTY!**
Visit cochrane.ca/Neighbours for a downloadable kit to plan a COVID-safe block party with your neighbours.
- 2 HAVE AN OUTDOOR TEA PARTY OR PICNIC**
Everyone can bring their own tea, snacks and blankets.
- 3 PLAN A NEIGHBOURHOOD SCAVENGER HUNT**
Each home can display unique items in the front yard, porch or window. Compile a list and share so everyone knows what to check off.
- 4 HELP YOUR NEIGHBOURS**
Drop off a help card to your neighbour or pitch in with mowing, gardening or harvesting. Maybe you can exchange work. Print: cochrane.ca/COVID-19
- 5 GOOD OLE FASHIONED GAMES**
Play a neighbourhood game like hide and seek or kick the can.
- 6 NEIGHBOURHOOD SIDEWALK ART WALK**
Brighten up your neighbourhood with sidewalk chalk art. Pick a day for everyone to walk around and view.
- 7 HOST A DRIVEWAY FIRE PIT PARTY**
Enjoy a party in the front where neighbours bring their own chair and drinks. Be sure to check cochrane.ca/FireBans first!
- 8 DECORATE YOUR HOUSE OR FRONT DOOR**
Deck your entire house or front door with Christmas or Halloween decorations to spread some joy. Make it a competition!
- 9 ORGANIZE A RECIPE, GAME OR PUZZLE SWAP**
Connect with your neighbours by sharing tasty recipes or games and puzzles your family is done with.
- 10 GET OUTSIDE!**
Fly a kite in the park, walk or ride your bikes along the pathway. See how many plants, birds and animals you can identify.

*Please note: All gatherings and activities must practice physical distancing and observe AHS protocols and gathering restrictions.

Brought to you by the Town of Cochrane Social Recovery Task Force.

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HOW THE WEST IS NOW

