

# 10 THINGS YOU CAN DO



## EXPERIENCE THE GREAT OUTDOORS!

As we all adjust to following COVID safety protocols, there are still things we can do to make each day a little bit brighter. Here are some ideas for activities you can enjoy, online and in-person, while keeping yourself and your family safe.

1

### DISCOVER THE RANCHE

Walk the trails through the Historic Cochrane Ranche Site. Maps available at the Cochrane Info Centre: 521 First Street West; 403-851-0933

2

### ENJOY A GAME OF GOLF

Disc, mini or...well, actual golf! Golf is a great way to enjoy the outdoors and stay active. Find Cochrane's disc golf course in Riverfront Park!

3

### ROLL TO THE SKATEBOARD PARK

Dare to skateboard or scooter at Zero Gravity Skateboard Park. It's also fun to watch!

4

### EXPLORE COCHRANE'S PATHWAYS

Cochrane has more than 75 kilometres of maintained multi-use trails and pathways that are beautiful this time of year. Go for a stroll, ride a bike or inline skate with your family.

5

### FIND TREASURE WHILE GEOCACHING

Use a Geocaching app and your phone's GPS to find containers, called "geocaches" at specific locations marked by coordinates all over the world.

6

### ENJOY OUTDOOR SPORTS

Toss, kick or throw a ball of your choice at one of Cochrane's many parks and sports fields. Play safe! Share equipment only with family or cohorts.

7

### SHOW OFF YOUR MAD BIKE SKILLS

Cochrane's first bike park, The LaunchPad, opened in August. Located in the Quarry, this jump park is open to all ages and any skill level.

8

### NATURE OR BIRD WATCHING

Cochrane is home to a diverse assortment of bird watching sites and natural habitats. Enjoy the glorious views along the way!

9

### VISIT THE GRANDFATHER TREE

This white spruce is estimated to be over 300 years old. His location in the Cochrane Ranche dates from before the Ranche was established! Please don't climb on him though!

10

### GET FIRED UP!

Town park fire pits are available on a first-come, first-served basis. Don't forget the marshmallows! Be sure to check current fire bans first at [cochrane.ca/FireBan](http://cochrane.ca/FireBan)

