

COCHRANE FAMILY AND COMMUNITY SUPPORT SERVICES

HALLOWEEN STAY AND PLAY



We would love to see you having fun with all your Stay & Play activities! Post them on social media #stayandplaycochrane

We will also be giving away a prize for the most original craft made from your Stay & Play kit cardboard box! Post your pictures on social media. #stayandplaycochrane

Creepy Crawly Spiders

These spooky spiders are so simple for kids to create and they make spooktacular Halloween decorations!

Supplies:

- Black paper plates
- Googly eyes (with adhesive backs)
- Pipe cleaners
- Scissors

Instructions:

1. Place googly eyes on your spider.
2. Attach your fuzzy pipe cleaner spider legs on to the plate by punching a hole through the plate and tying a knot in the pipe cleaner on back side to keep it in place or you can use a stapler if you have one. (8 spider legs per plate)



Cochrane Family & Community Support Services
#1, 209 Second Ave W, Cochrane, AB
Phone: 403-851-2250
Email: fcss@cochrane.ca
cochrane.ca/FCSS
fb.com/CochraneProgramsActivitiesOpportunities
Monday-Friday: 8:30am-4:30pm



SUPPLY LIST

- rocks (for rock painting)
- orange, black, white washable paint
- black paper plates (per craft)
- 4 googly eyes (per craft – per child)
- pipe cleaners (8 per craft)
- scissors
- white paper cups (per craft)
- streamers (5 pieces – arm length pieces per craft)
- string
- black sharpie pen
- 1 black washable Crayola marker
- tissue paper – (yellow & orange)
- wax paper
- glue stick (included) or wheat paste (1 tablespoon flour mixed with 2 tablespoons water)

- 10 pieces - black construction paper
- orange garbage bags
- 2 rubber bands
- 1 glove
- 12 plastic spiders
- ice tray
- 10 mini clothes pins
- face paints
- bat stencil, pumpkin stencil, bats and ghosts for Tic Tac Toe (sheets attached)

INGREDIENT LIST

- chocolate graham crackers, chocolate & marshmallows
- 2 liters ginger ale
- 46 oz. can of pineapple juice
- 1 quart lime sherbey
- 3 cups pumpkin seeds dried for at least 24 hours
- 3 TBS coconut oil or butter
- ½ tsp pure vanilla extract

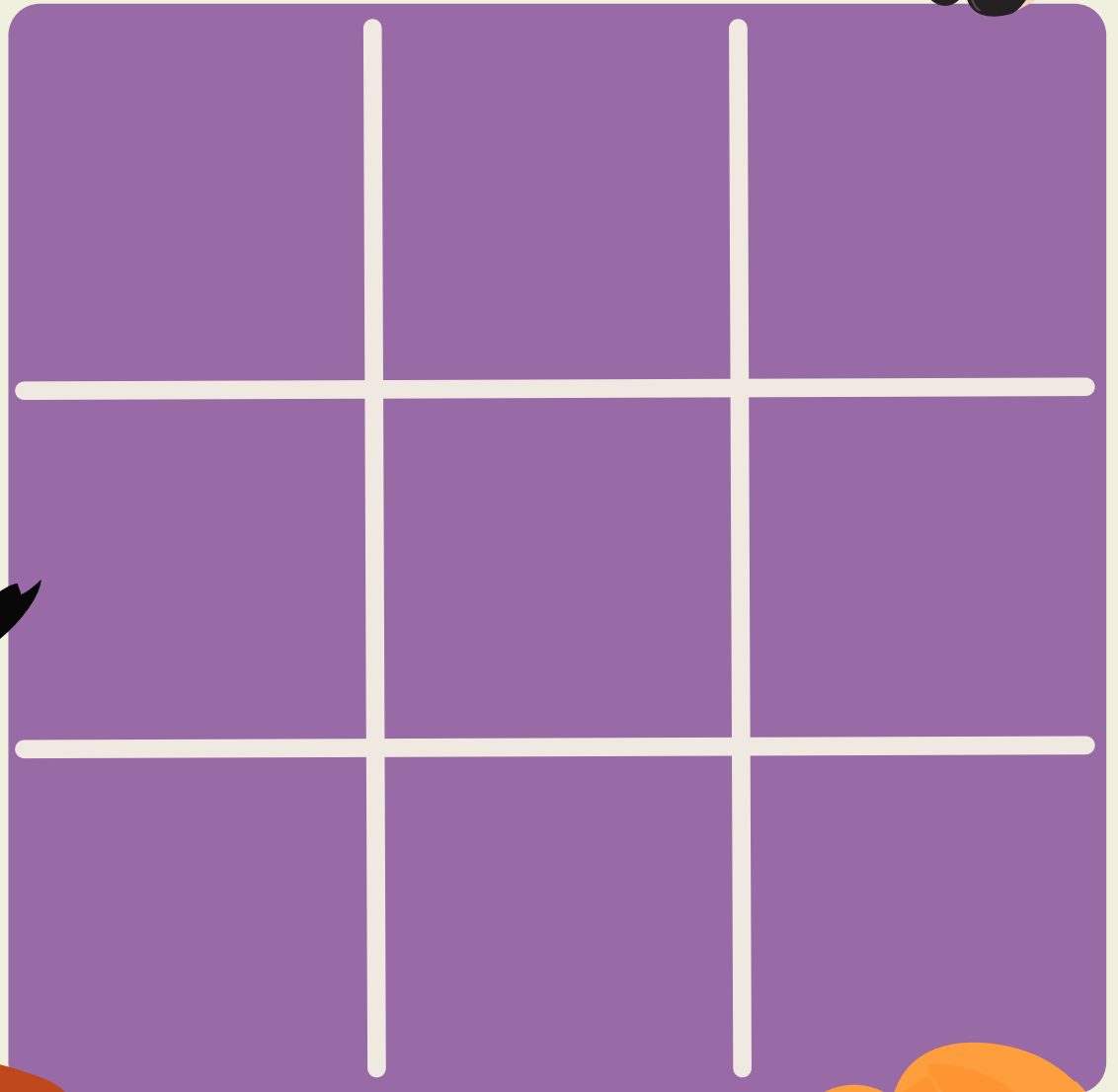
- 4 TBS granulated sugar
- 2 tsp ground cinnamon
- 1 tsp sea salt
- apples (sliced)
- wooden craft sticks (skewers for apples)
- caramel sauce
- 2 candy toppings for Candy Apple Bar

Other ideas or toppings to add (options are endless):

- Mini Chocolate Chips
- Sprinkles
- Mini Marshmallows
- Toasted Coconut Flakes
- M&Ms
- Crushed Graham Crackers
- Toasted Almond Slices
- Toasted Pecan Pieces
- Rainbow Sprinkles
- Chocolate Sprinkles
- Crushed Oreos

Trick or Treat Tic Tac Toe

The game is played on a grid that's 3 squares by 3 squares. You are X (bat), your friend is O (ghost). Players take turns putting their marks in empty squares. The first player to get 3 of her marks in a row (up, down, across, or diagonally) is the winner. When all 9 squares are full, the game is over.



CINNAMON SUGAR PUMPKIN SEED RECIPE

Homemade Cinnamon Sugar Pumpkin Seeds Recipe! Don't throw away the seeds when you carve pumpkins this year! Save them and make this recipe for the perfect sweet and salty fall snack! Vegan, gluten-free and dairy-free! Perfect sweet and salty fall snack!

Ingredients:

- 3 cups pumpkin seeds dried for at least 24 hours
- 3 TBS coconut oil or butter
- ½ tsp pure vanilla extract
- 4 TBS granulated sugar*
- 2 tsp ground cinnamon
- 1 tsp sea salt

Instructions to dry pumpkin seeds:

1. Remove from pumpkins and rinse thoroughly.
2. Spread out in a single layer on a baking sheet lined with paper towels.
3. Let sit at room temperature for 24 hours, changing the damp paper towels out for dry ones after about 12 hours and stirring occasionally.



Prep Time: 5 minutes
Cook Time: 35 minutes
Total Time: 40 minutes

Servings:
3 cups of
pumpkin seeds

Instructions to make the pumpkin seeds:

1. Preheat oven to 325° F. Very lightly grease a large baking pan, set aside.
2. In a small bowl, mix sugar, cinnamon, and salt. Set aside.
3. Melt coconut oil or butter in a large microwave safe bowl or on the stovetop in a 4-quart pot.
4. Remove from heat and stir in vanilla.
5. Mix in pumpkin seeds until they are all evenly coated.
6. Add dry ingredients to the pumpkin seeds and mix until all they are evenly coated.
7. Spread pumpkin seeds on your prepared baking pan in single layer.
8. Bake for 25-35 minutes, stirring every 10 minutes, until seeds begin to brown.
9. To test for doneness: remove a few seeds from the pan and let sit on the counter to cool. If they harden up the seeds are done. If they remain soft, return to the oven, checking them after 5 minutes. Continue baking in 5 minute intervals until done.
10. Once seeds are done, transfer them from the warm pan to another pan lined with parchment paper to let cool.

joyfoodsunshine.com/cinnamon-sugar-pumpkin-seeds



PAPER BAT GARLAND

Have fun decorating your home by draping this paper garland over their door frame, windows, or shelves.

Supplies :

- Bat Stencil
- Paper
- Pins
- String

Instructions:

1. Trace the shape onto a piece of black craft paper and cut out the bat with scissors.
2. Place the stencil back atop each critter you create and use a folder to make creases along the dotted lines on the stencil.
3. Fold the creases opposite ways on each wing to make the wings 3D.
4. Attach each bat to a long piece of string with tiny black clothespins.

goodhousekeeping.com/holidays/halloween-ideas/g22062770/halloween-crafts-for-kids/?slide=2

Leaf Shadow Tracing

Go outside for a nice fall walk and search for some large leaves. Pin the leaves using clothes pins and string. Don't forget to reuse your string and clothes spins for your Bat Garland when you are done!

Make sure the leaves are hung in the sun and casting a shadow onto the paper for you to trace — and there you have it! You can also color in your leaf shadows when complete.

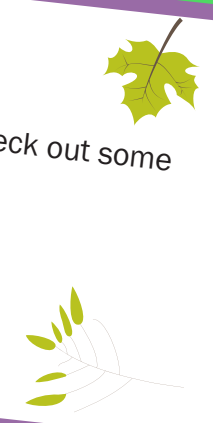
FACE PAINTING

It's easy, fun, and kids love it! Check out some simple face paint design ideas:

pin.it/6ECSzwY

Supplies :

- 3 face paint sticks



Candy Apple Fondue Bar

Ingredients:

- Apples (sliced)
- Wooden Craft Sticks
- Caramel Sauce
- 2 Toppings

Other ideas or the toppings to add (options are endless):

- Mini Chocolate Chips
- Mini Marshmallows
- Toasted Coconut Flakes
- M&Ms
- Crushed Graham Crackers
- Toasted Almond Slices
- Toasted Pecan Pieces
- Rainbow Sprinkles
- Chocolate Sprinkles
- Crushed Oreos

Instructions:

1. Refrigerate apples overnight (this will help the caramel stick).
2. Wash apples and remove stems. Dry and cut into apple slices carefully insert a craft stick into slice.
3. Dip into caramel sauce.
4. Add your favourite toppings and repeat!



HALLOWEEN PUNCH

Ingredients:

- 2 Liters ginger ale
- 46 Oz. Can of pineapple juice
- 1 Quart lime sherbet
- Glove
- Plastic spiders
- Ice cube tray
- Rubber band

Directions for punch:

1. Scoop lime sherbet into a large punch bowl.
2. Add ginger ale and pineapple juice.
3. Decorate with spider ice cubes and frozen hand if desired.

Directions for filling the rubber glove & ice cube trays:

1. Rinse rubber glove so there is no powder residue.
2. Fill rubber glove with water.
3. Tie off the end with a rubber band very tightly.... So water doesn't leak out.
4. Place glove in freezer making sure fingers rest on something so they won't bend or fold. The fingers must be straight out.
5. Make sure there are no gaps of air between fingers and palm otherwise the fingers won't be attached when frozen.
6. Freeze until completely solid, about 6 hours or overnight.
7. When nice and frozen undo rubberband and cut and peel away rubber glove from ice.
8. Place one spider per ice cube slot and fill with water - freeze over night.



PUMPKIN SUN CATCHER

Supplies:

- Tissue paper
- Parchment/wax paper
- Glue stick or wheat paste (1 tablespoon flour mixed with 2 tablespoons water)
- Black construction paper
- Scissors
- Pen

Instructions:

1. To create your pumpkin pattern for tracing, take your construction paper and fold it in half. Draw one half of your pumpkin.
2. Cut the pumpkin out and unfold your paper to reveal the pattern.
3. Trace your pumpkin pattern onto your black card stock.
4. Cut out your pumpkin. If you are making multiple pumpkins, you can do this all at once.
5. Draw the inside of your butterfly. This will show you where to cut to create the holes in the pumpkin where you stain glass will go.
6. Cut your sheet of wax or parchment paper. Make sure it is large enough to fit your pumpkin. This will be the inside "glass" of the pumpkin.
7. Using your pattern once again, trace your pumpkin onto the wax or parchment paper.
8. Cut out your pumpkin from the paper. Again, if you are making multiple pumpkins, you can pile up the paper and cut them all at once.
9. Apply a bit of glue or wheat paste to your waxed/parchment paper. Attach a tissue paper rectangle to each spot of glue. Cover the entire pumpkin. You can overlap some pieces too; this will create fun blended colors when the sun shines through your pumpkin. Use a little bit more of your glue mixture to wet the edges of each piece so that each piece lays down flat.
10. Once all the glue has dried, glue the black pumpkin outline on top of your pumpkin.

HALLOWEEN ROCKS!!!

Have fun painting and turning your rocks into ghosts, pumpkin, spiders, bats, cats, and more! Make sure rocks are rinsed and dried before painting to remove any dust.

www.rockpaintingguide.com/mom-approved-halloween-rock-painting-ideas

bebeandbear.com/2014/10/05/halloween-rocks

SPOOKY not so scary, kid friendly
CAMPFIRE STORIES

koa.com/blog/kid-friendly-spooky-campfire-stories



FLYING GHOSTS

This flying ghost craft is great for kids of all ages from toddlers to teens! It's really easy to make a Halloween paper cup ghost that actually flies and you can have your spooky spectre up and floating about in just a few minutes!

Kids will love making these ghost crafts for Halloween. They're great for decorating the house and super fun and easy to make with friends on a crafting play date.

Supplies:

- White Paper Cups
- Streamers
- String
- Black Sharpie Pen
- Oval Googly Eyes
- Scissors
- Glue

Instructions:

1. Cut your streamers strips.
2. Glue your band of streamer strips inside the white paper cup.
3. Use your black sharpie to draw on the ghost's face.
4. Draw the ghost's mouth, eyebrows and eye background and then glued on oval googly eyes for detail.
5. (Grown Ups Only) To make your paper cup ghost fly carefully make two holes in the base of the paper cup. We used a small pair of scissors and pushed and wiggled them in.
6. Cut a length of white yarn. We used about two arm spans worth. Thread the two ends of the yarn through the base of the paper cup and pull the ends into the cup and out the other side. Tie the two ends together.
7. Now your Paper Cup Flying Ghost Craft is ready to move! Hang the looped end of yarn over a door handle or hook and gently pull the two threads out to each side. As you open your hands out further and further apart the ghost will "fly" to the top of the yarn. When you bring your hands in together again the ghost will "fly" back down!



kidscraftroom.com/paper-cup-flying-ghost-craft

SPOOKY S'MORES

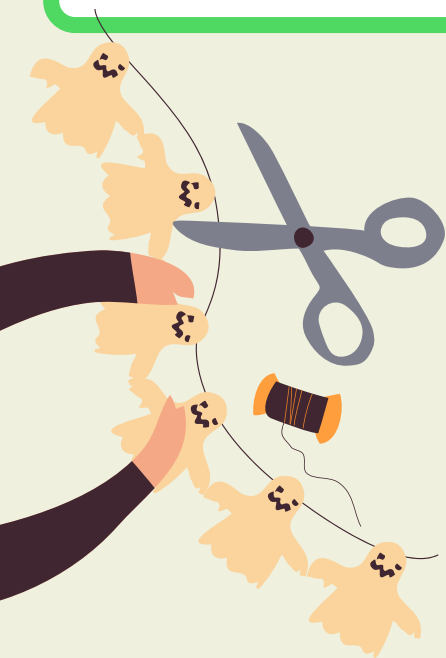
Spark up a bonfire in your backyard or at a park fire pit and enjoy some yummy s'mores! Bring your campfire stories, some warm blankets and cozy up!

Ingredients:

- Chocolate graham crackers and marshmallows

Instructions:

www.cochrane.ca/Neighbours





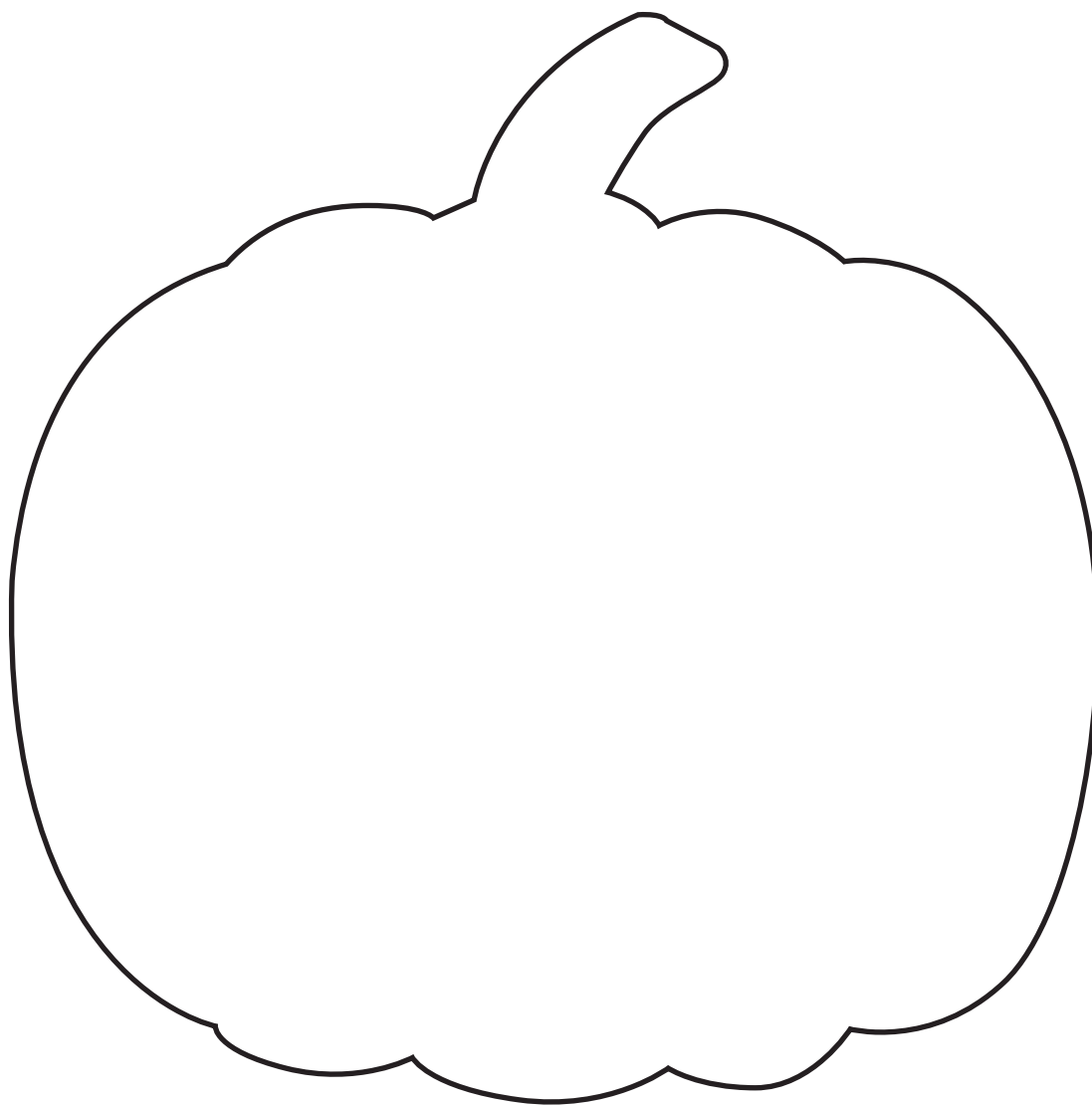
Neighbourhood Halloween Scavenger Hunt

A fun Halloween activity that you can do while still social distancing! Once your neighbours have decorated for Halloween, take a walk, and try to spot these spooky details! Enjoy the sights, sounds, and smells of nature while you hunt! Don't forget a pencil, and your Scavenger Hunt checklist!

- | | |
|---|---|
| <input type="checkbox"/> SPIDER | <input type="checkbox"/> BLACK CAT |
| <input type="checkbox"/> WHITE PUMPKIN | <input type="checkbox"/> GHOST |
| <input type="checkbox"/> WITCHES HAT | <input type="checkbox"/> SCARECROW |
| <input type="checkbox"/> BAT | <input type="checkbox"/> INFLATABLE CHARACTER |
| <input type="checkbox"/> SPIDER WEB | <input type="checkbox"/> HALLOWEEN WREATH |
| <input type="checkbox"/> SPOOKY LIGHTS | <input type="checkbox"/> CRIME SCENE TAPE |
| <input type="checkbox"/> SKELETON | <input type="checkbox"/> TRICK OR TREAT SIGN |
| <input type="checkbox"/> CARVED PUMPKIN | |



PUMPKIN STENCIL



BAT STENCIL

