

Cochrane Family and Community Support Services (FCSS) & Cochrane and Area United Way Partnership

2026 Joint Application for Funding (Funding Period: January 1 – December 31, 2026)

Funding applications for Cochrane Family and Community Support Services (FCSS) and Cochrane and Area United Way Partnership grants will be accepted until midnight on Sunday, September 21, 2025. Successful applicants will be notified by December 31, 2025. Grant funding will be distributed by April 1, 2026 and must be fully expended by December 31, 2026.

Funds are allocated based on the mandates of FCSS and the United Way of Calgary and Area.

FCSS supports projects that:

- Promote and encourage active engagement in the community
- Foster a sense of belonging and promote social inclusion
- Develop and strengthen skills that build resilience
- Enhance access to social supports
- Develop and maintain healthy relationships
- Align with the Provincial Priorities (Homelessness and Housing Insecurity, Mental Health and Addictions, Employment, Family and Sexual Violence, Aging Well in Community)

United Way of Calgary and Area supports projects that:

- Support people's mental health
- Improve people's financial and living situations
- Create a sense of belonging and equality for everyone
- Encourage positive and supportive relationships

Certification of Compliance

This is to certify that to the best of my knowledge and belief, the information included in this application complies with the requirements and conditions set out in the Family and Community Support Services Act and Regulation.

(<https://www.alberta.ca/family-and-community-support-services-fcss-program>)

Signature (Agency Signing Authority)

Title

Print Name

Date

Submit completed documents to, or for further assistance contact:

Cochrane Family and Community Support Services

Kim Krawec, Manager

101 RancheHouse Road

Cochrane, AB T4C 2K8

403-851-2250 or email: fcss@cochrane.ca

Complete this section only if you received funding from Cochrane FCSS and Cochrane and Area United Way Partnership in 2025

Amount received for 2025 grant:

\$

Amount requested for 2026 grant:

\$

How many years have you received funding from Cochrane FCSS and Cochrane and Area United Way Partnership?

Program Logic Model:

Statement of need:

What community issue, need or situation are you responding to? Evidence of need?

Strategy:

How are you going to address the issue, need or situation?

What are the actions/steps and/or activities? (E.g. Workshops, counselling, community forums etc.)

Rationale:

What evidence do you have that this strategy will achieve the desired goal?

Partners:

Identify partners involved in the program and the resources they contribute (E.g. Money, staff, knowledge etc.)

Primary Target Population:**Identify the primary age category your program is targeting. (Select 1)**

☐ All ages (no specific target)	☐ Children (<12)	☐ Youth (12-17)	☐ Children and Youth (<18)	☐ Adults (18+)
☐ Adults (18+)	☐ Seniors	☐ Child/Youth & Caregiver	☐ Child/Youth & Senior	

Identify community groups your program is targeting. (Select all that apply)

☐ No Specific Community Group	☐ Indigenous Peoples	☐ 2SLGBTQQIA+	☐ Newcomers	☐ People with Disabilities
☐ Racialized People	☐ Language Minority Groups	☐ Women/girls	☐ Men/boys	

Number of Anticipated Participants:**Program Sustainability:**

Have you researched or sourced other methods of funding? Yes ☐ No ☐

Please explain:

How do you propose to sustain this program?

Describe the impact, to your program if this application is not funded, or receives partial funding.

Please Identify One Outcome:			
Select one survey question that best suits your program/project. You will be required to report on this outcome. Please see the back pages for further information.			
Prevention Strategy:	Program Intent:	Question Number:	Survey Question
Example: <i>Strategy #2 Foster a sense of belonging</i>	<i>Individuals feel a sense of belonging in their community.</i>	4.1	<i>As a result of this program, I feel a stronger sense of belonging to my community.</i>

Additional Questions:
Is your organization prepared to recognize the contribution of Cochrane FCSS and Cochrane and Area United Way Partnership in all public information, printed materials, and media coverage related to this project? Yes ☐ or No ☐
Please specify how your organization will recognize the contribution?

Is there any other information that you would like to provide to the Cochrane FCSS Advisory Board?

Required Documents:		
Job description(s) for funded positions requested (first time applicants only, unless changes have been made)	☐ Included ☐ Not Applicable	
Most recent signed Audited Financial Statement	☐ Included	
1 Letter of Support (first time applicants only)	☐ Included ☐ Not Applicable	
Project Budget: Please provide a detailed budget for your proposed program/project. Include all sources of potential revenue and areas of expenditure. Revenue and expenditure must balance.		
Revenue		
Fundraising:		\$
Donations/Grants: (all sources for this project)		\$
Fees:		\$
Cochrane FCSS and Cochrane and Area United Way Partnership Grant:		\$
Other: (please specify)		\$
Total		\$

Expenditure	FCSS & UW Funding	Other Contributions	Total Project Budget
Salaries: (outline positions separately)			
	\$	\$	\$
	\$	\$	\$
	\$	\$	\$
Benefits:	\$	\$	\$
Materials/Supplies: (please specify)			
	\$	\$	\$
	\$	\$	\$
Travel:	\$	\$	\$
Training:	\$	\$	\$
Rent/Utilities:	\$	\$	\$
Postage/Courier:	\$	\$	\$
Advertising:	\$	\$	\$
Other: (please specify)			
	\$	\$	\$
	\$	\$	\$
	\$	\$	\$
Total	\$	\$	\$

The following pages are for reference purposes only. Please detach them from your application

Cochrane Family & Community Support Services (FCSS) and Cochrane and Area United Way Partnership Strategy Screen	
Cochrane FCSS supports projects that:	• Promote and encourage active engagement in the community • Foster a sense of belonging and promote social inclusion • Develop and maintain healthy relationships • Enhance access to social supports • Develop and strengthen skills that build resilience • Align with the Provincial Priorities (Homelessness and housing insecurity, Mental health and addictions, Employment, Family and sexual violence, and aging well in community)
Complies with the FCSS Act and Regulation	https://www.alberta.ca/family-and-community-support-services-fcss-program
The United Way of Calgary and Area supports projects that:	• Support people's mental health • Improve people's financial and living situations • Create a sense of belonging and equality for everyone • Encourage positive and supportive relationships
Considers the impact on our stakeholders, partners, and the overall social well-being	• Projects demonstrate a collaborative approach to engage partner organizations • Projects are not a duplication of current local services.
Are evidence based	• Projects demonstrate critical reflection and evaluation processes to continually improve.

FCSS Provincial Reporting Materials

The provincial government has updated the reporting requirements under the FCSS Accountability Framework for the 2026 reporting year.

Provincial Prevention Priorities Overview



Homelessness and Housing Insecurity

Homelessness and housing insecurity in Alberta are complex and growing challenges driven by factors such as rising housing costs, economic instability, mental health and addiction issues and systemic barriers to support services. Many individuals and families struggle to access stable, affordable housing, leaving them at risk of eviction, temporary shelter reliance or living in unsafe conditions.



Mental Health and Addictions

Many Albertans experience challenges related to mental health and addictions. The province also continues to face an opioid crisis, with alarming rates of drug poisoning and overdoses. These issues have profound impacts on the wellbeing of individuals, families and communities.



Employment

Unemployment remains a challenge in Alberta, affecting individuals and families across the province. Job losses and economic uncertainty contribute to financial instability and can create barriers to long-term employment. Fluctuations in the job market impact many Albertans, highlighting the ongoing issue of unemployment and its broader effects on communities.



Family and Sexual Violence

Family and sexual violence are critical concerns that can lead to significant and lasting physical, emotional, and psychological effects. These impacts can create substantial barriers to safety, well-being and stability. Survivors often encounter difficulties in obtaining necessary support and the repercussions can extend beyond individuals to affect families, workplaces, and the wider community.



Aging Well in Community

Alignment of health, housing, and community-based services can create safe and supportive environments for Albertans to age well in the community. It is estimated that 22% of people in long term care could be avoided with the right community-based supports in place. Approaches to integrate healthcare and community-based supports are essential to enable Albertans to age in their homes and communities and lower their risk of seeking hospitalization and/or long-term care.

Provincial Prevention Strategies Overview

Provincial Prevention Strategies are the things FCSS programs can do to **enhance protective factors**.

Prevention Strategy #1	Promote and encourage active engagement in the community
Prevention Strategy #2	Foster a sense of belonging
Prevention Strategy #3	Promote social inclusion
Prevention Strategy #4	Develop and maintain healthy relationships
Prevention Strategy #5	Enhance access to social supports
Prevention Strategy #6	Develop and strengthen skills that build resilience

Prevention Strategy #1: Promote and encourage active engagement in the community

Program Intent	FCSS programs build awareness of community engagement opportunities.		
Survey Questions	Question #	Post-Only	Pre and Post
	3.1	As a result of this program, I have opportunities to engage with my community.	I have opportunities to engage with my community.
Program Intent	Community members know the value of engaging with their community.		
Survey Questions	Question #	Post-Only	Pre and Post
	3.2	This program showed me the importance of being active in my community.	I understand the importance of being active in my community.
	3.3	This program showed me that it is important to be a part of this community.	It is very important to me to be part of this community.
Program Intent	Community members participate in the community for their own enjoyment, their own benefit or for the benefit of the community.		
Survey Questions	Question #	Post-Only	Pre and Post
	3.4	As a result of this program, I contribute more to my community.	I contribute to my community.
	3.5	As a result of this program, I have become more active in my community.	I actively participate in my community.

Prevention Strategy #2: Foster a sense of belonging

Program Intent	Individuals feel a sense of belonging in their community.		
Survey Questions	Question #	Post-Only	Pre and Post
	4.1	As a result of this program, I feel a stronger sense of belonging to my community.	I feel a sense of belonging to my community.
	4.2	This program helped me feel more connected to my community.	I feel connected to my community.
	4.3	As a result of this program, I feel important to my community.	I feel important to my community.

Prevention Strategy #3: Promote social inclusion

Program Intent	Programs know and respond to community needs.		
Survey Questions	Question #	Post-Only	Pre and Post
	5.1	This program met my needs.	My [program topic] needs are met.
	5.2	As a result of this program, I have better access to culturally appropriate resources.	I can access culturally appropriate resources.
Program Intent	Community members feel valued and included.		
Survey Questions	Question #	Post-Only	Pre and Post
	5.3	This program was welcoming.	This program is welcoming.
	5.4	I felt valued in this program.	I feel valued in this program.

Prevention Strategy #4: Develop and maintain healthy relationships

Program Intent	Individuals have positive, trusting relationships with family and/or friends.		
Survey Questions	Question #	Post-Only	Pre and Post
	6.1	As a result of this program, I can identify people in my life who really care about me.	I can identify people in my life who really care about me.
	6.2	As a result of this program, I recognize close relationships that provide me with a sense of emotional security and well-being.	I recognize close relationships that provide me with a sense of emotional security and well-being.
	6.3	As a result of this program, I can name family and/or friends who help me feel safe, secure and happy.	I can name family and/or friends who help me feel safe, secure and happy.
Program Intent	Parents gain skills and knowledge in parenting.		
Survey Questions	Question #	Post-Only	Pre and Post
	6.4	As a result of this program, I have increased confidence in my parenting skills.	I have confidence in my parenting skills.
	6.5	I have gained new parenting skills.	I have the parenting skills I need.
Program Intent	Individuals have healthy and effective communication strategies within relationships.		
Survey Questions	Question #	Post-Only	Pre and Post
	6.6	As a result of this program, I can communicate effectively with my [child/children/spouse/partner/people in my life].	I can communicate effectively with my [child/children/spouse/ partner/people in my life].
	6.7	As a result of this program, I have a better understanding of how to resolve conflict peacefully.	I can resolve conflict peacefully.
Program Intent	Individuals have opportunities to develop new healthy relationships.		
Survey Questions	Question #	Post-Only	Pre and Post
	6.8	As a result of this program, I am ready to build new relationships with people from my community.	I can build new relationships with people from my community.

Prevention Strategy #5: Enhance access to social supports

Program Intent	Community members are aware of social supports.		
Survey Questions	Question #	Post-Only	Pre and Post
	7.1	As a result of this program, I know more about what resources are available to [me/to my family].	I know what resources are available to [me/to my family].
	7.2	As a result of this program, I know more places in the community I can turn to when I need help.	I know places in the community I can turn to when I need help.
Program Intent	Social supports are accessible.		
Survey Questions	Question #	Post-Only	Pre and Post
	7.3	As a result of this program, I have better access to community resources that I need.	I can access the community resources I need.
Program Intent	Community members have a support network.		
Survey Questions	Question #	Post-Only	Pre and Post
	7.4	As a result of this program, I can identify more people I can rely on for support.	I can identify people I can rely on for support.

Prevention Strategy #6: Develop and strengthen skills that build resilience

Program Intent	Community members have good self-esteem.		
Survey Question	Question #	Post-Only	Pre and Post
	8.1	As a result of this program, I feel better about myself.	I feel good about myself.
Program Intent	Community members feel hopeful.		
Survey Questions	Question #	Post-Only	Pre and Post
	8.2	As a result of this program, I have the ability to improve my life.	I have the ability to improve my life.
	8.3	As a result of this program, I feel better about my future.	I feel good about my future.
	8.4	This program helped me make plans for my future.	I have plans for my future.
Program Intent	Community members have opportunities to learn and grow.		
Survey Questions	Question #	Post-Only	Pre and Post
	8.5	As a result of this program, I know more about [fill in with knowledge from the program].	I know about [fill in with knowledge from the program].
	8.6	I feel better about my ability to [fill in with skill from the program].	I feel good about my ability to [fill in with skill from the program].
	8.7	As a result of this program, I have learned new things.	I have opportunities to learn new things.
Program Intent	Community members are able to overcome challenges or life's difficulties.		
Survey Questions	Question #	Post-Only	Pre and Post
	8.8	As a result of this program, I am better at handling whatever comes my way.	I am good at handling whatever comes my way.
	8.9	This program taught me healthy strategies to manage stress.	I know some healthy strategies to manage stress.
	8.10	This program taught me problem solving skills.	I am good at solving problems.