

# September 2024

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat	
01	<b>Labour Day</b>	<b>SLS Centre Closed to the Public</b>	10am Qigong 10am Chair Fitness 10am Walking Group 1pm Floor Shuffleboard 1:30pm Jammers	10:30am Gentle Yoga 1pm Mahjong 1pm Line Dancing 7pm Euchre	9:30am Pasu Farm 10am Chair Fitness 1pm Bridge	02 03 04 05 06 07	
08	9am tops 1pm Movie 1pm Coffee & Conversation 3pm Engaging Men	10am Yoga 1pm Crib 1pm Carpet Bowling 6:30pm Bridge	10am Qigong 10am Chair Fitness 10am Walking Group 1pm Floor Shuffleboard 1:30pm Jammers	10:30am Gentle Yoga 1pm Mahjong 1pm Line Dancing 7pm Euchre	10am Chair Fitness 1pm Bridge 5:30pm Game Night Whist	09 10 11 12 13 14	
15	9am tops 1pm Movie 1pm Coffee & Conversation 3pm Engaging Men	10am Yoga 1pm Crib 1pm Carpet Bowling 6:30pm Bridge	10am Qigong 10am Chair Fitness 10am Walking Group 1pm Floor Shuffleboard 1:30pm Jammers	10:30am Gentle Yoga 1pm Mahjong 1pm Line Dancing 7pm Euchre	10am Chair Fitness 12:30pm Hot Lunch 1pm Bridge	16 17 18 19 20 21	
22	9am tops 1pm Movie 1pm Coffee & Conversation 3pm Engaging Men	10am Yoga 1pm Crib 1pm Carpet Bowling 6:30pm Bridge	10am Qigong 10am Chair Fitness 10am Walking Group 1pm Floor Shuffleboard 1:30pm Jammers	10:30am Gentle Yoga 1pm Mahjong 1pm Line Dancing 7pm Euchre	10am Chair Fitness 1pm Bridge 2:00pm Book Club	23 24 25 26 27 28	
29	9am tops 1pm Movie 1pm Coffee & Conversation 3pm Engaging Men	<b>Monday Movie Listings</b> Sept 9 - <i>Ezra</i> (2024) Sept 16 - <i>I am Celine Dion</i> (2024) Sept 23 - <i>The King Tide</i> (2024) Sept 30 - <i>Thelma</i> (2024)					30